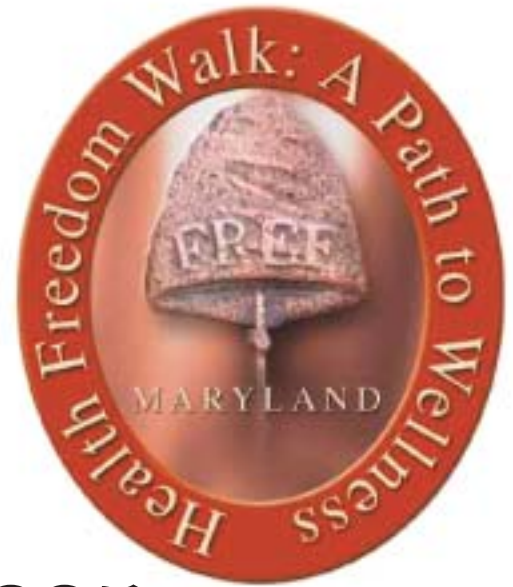


Health Freedom Walk



A Path to Wellness 2005

Experience the Underground Railroad like never before.
Walk towards the freedom of better health.

RESCHEDULED

**Woodlawn Manor Park (5K)
Rural Legacy Trail
Sandy Spring, MD**

Saturday, June 18, 2005

Registration Begins at 9:00am

Walk Begins at 10:00am

Note: The trail is through the woods and can be considered a hike.
Please wear proper and sturdy shoes as there may be mud, leaves,
and other forest debris along the path. Not handicapped accessible.

For more information or to register contact:

C.H.A.M.P. office at 410-669-6340 or
Montgomery County African American
Health Program at 240-777-1833

Montgomery County
RECREATION
DEPARTMENT

